# Yours, Mine & Ours Week 1

"There was a man all alone, he had neither son nor brother...Two are better than one, because they have a good return for their labor; if either of them falls down, one can help them up.

But pity anyone who falls and no one to help them up. Also, if two lie down together, they will keep warm. But how can one keep warm alone? Though one may be overpowered, two can be defend themselves. A cord of three strands is not quickly broken." [Ecclesiastes 4:8-12]

"Now Ahab told Jezebel everything Elijah had done and how he had killed all the prophets with the sword. So Jezebel sent a messenger to Elijah to say, "May the gods deal with me, be it ever so severely, if by this time tomorrow I do not make your life like that of one of them." Elijah was afraid and ran for his life. When he came to Beersheba, in Judah, he left his servant there, while he himself went a day's journey into the wilderness. He came to a broom bush, sat down under it and prayed that he might die. "
[1 Kings 19:1-4]

# 1. Faulty thinking

#### 2. Isolation

## 3. Driven by feelings

"Then he lay down under the bush and fell asleep. All at once an angel touched him and said, "Get up and eat." He looked around, and there by his head was some bread baked over hot coals, and a jar of water. He ate and drank and then lay down again."

[1 Kings 19:5-6]



"In vain you rise early and stay up late, toiling for food to eat–for He grants sleep to those He loves."
[Psalm 127:2]

Pour your heart out to God.

### 4. Comparison

"Am I now trying to win the approval of human beings, or of God? Or am I trying to please people? If I were still trying to please people I would not be a servant of Christ."
[Galatians 1:10]

### The Way Out:

"So Elijah went from there and found Elisha..."
[1 Kings 19:19]

- Find a friend
- Experience the power & presence of God

"...anoint Hazel king over Aram. Also, anoint Jehu son of Nimshi king over Israel, and anoint Elisha son of Shaphat from Abel Meholah." [1 Kings 19:15-16]

• Discover new purpose and direction for your life