

Reset  
Week 4

"Unrelenting disappointment leaves you heartsick, but a sudden good break can turn life around."

[Proverbs 13:12 (MSG)]

"The night before Peter was to be placed on trial, he was asleep, fastened with two chains between two soldiers. Others stood guard at the prison gate."

[Acts 12:6]

### 1. Keep hope alive

"Peter knocked at the door in the gate, and a servant girl named Rhoda came to open it. When she recognized Peter's voice, she was so overjoyed that, instead of opening the door, she ran back inside and told everyone, "Peter is standing at the door."

]Acts 12:13-14]

"You're out of your mind!" They said."

]Acts 12:15]

"Suddenly there was a bright light in the cell, and an angel of the Lord stood before Peter. The angel struck him on the side to awaken him."

[Acts 12:7]

### 2. Sleep soundly

"Meanwhile, Peter continued knocking. When they finally opened the door and saw him; they were amazed."

]Acts 12:16]

### 3. Laugh regularly

"A cheerful look brings joy to the heart; good news makes for good health."

]Proverbs 15:30]

"The Lord has sent His angel and saved me from Herod."

[Acts 12:11]

### 4. Grow personally

You'll never know His grace is sufficient until all you have is insufficient.